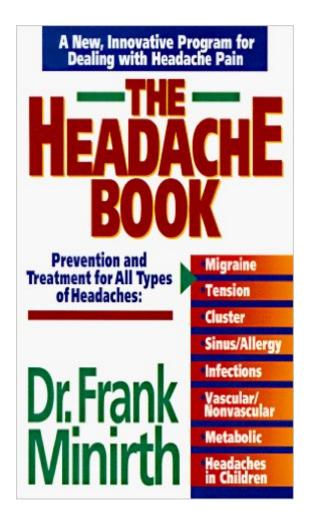
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The Headache Book





Synopsis

In this invaluable and comprehensive book, Dr. Minirth defines the different types of headaches, what causes them, and how to prevent or manage the pain.

Book Information

Paperback: 252 pages

Publisher: Thomas Nelson Inc; First Edition edition (April 1995)

Language: English

ISBN-10: 0785277153

ISBN-13: 978-0785277156

Product Dimensions: 1 x 4 x 7 inches

Shipping Weight: 4 ounces

Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review)

Best Sellers Rank: #2,250,558 in Books (See Top 100 in Books) #51 in Books > Health, Fitness

& Dieting > Diseases & Physical Ailments > Headaches

Customer Reviews

After what I learned from this book and talking with my doctor, I have gone from migraine a week to one migraine in a six month period! If you suffer from any type of recurring headache, this book will help you free yourself from them.

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